Central University Research Ethics Committee (CUREC)

Oxford Institute for Clinical Psychology Training and Research Isis Education Centre, Warneford Hospital Oxford, OX3 7JX

Research Team

Trainee Clinical Psychologist: Nicola Roche

Principal Investigator: Professor Paul Salkovskis

Contact

nicola.roche@psy.ox.ac.uk

An Experimental Investigation of Clinicians’ judgement of anxiety disorders

Participant information sheet

Approval Reference: R93179/RE001

My name is Nicola Roche, and I am a Trainee Clinical Psychologist at the University of Oxford, working alongside Professor Paul Salkovskis. This is an invitation to take part in our research study exploring clinicians’ perspectives on anxiety. Before you decide whether to take part, it is important that you understand why the research is being done and what it would involve. Please take time to read this information sheet, and to discuss it with others if you wish to. If there is anything that is not clear, or if you have questions and would like more information, please email me on nicola.roche@psy.ox.ac.uk.

1. Why is this research being conducted?

For this study, we are principally interested in clinicians’ perspectives of anxiety disorder treatment. Anxiety disorders are a common mental health condition, where people worry a lot.

2. Why have I been invited to take part?

You have kindly shown interest in helping us with this research study. We are happy to hear from anyone who has heard about the study and is interested in finding out more information about participating. In some instances, you may have been asked to participate, as you are a clinician working with people who are experiencing anxiety.

3. Do I have to take part?

No. Please note that participation is voluntary. If you do decide to take part, you may withdraw at any point for any reason before submitting your answers by pressing the ‘Exit’ button/ closing the browser. As all collected data is anonymised we will be unable to withdraw your data once you have submitted your responses.

4. What will happen to me if I take part in the research?

The study will involve completion of a demographics questionnaire, and a short task which includes: reading through some background information about a referral for CBT, watching a short vignette video of the referred person describing their problems, and answering some questions about therapy for this person through an online form.

Initially, you will be asked to provide your consent to take part in the study. The questionnaires will include questions about your views of the presenting case and your opinions of the outcome of treatment. Participation in the study will take 20 - 30 minutes.

5. Are there any potential risks in taking part?

We do not think there are any potential risks in participating in this study.

6. Are there any benefits in taking part?

There will be no direct benefit to you from taking part in this research. We hope that your participation will help us understand clinicians’ perspectives on anxiety treatments, whichmight then contribute to the development and improvement of psychological support for people affected by anxiety.

7. What happens to the data provided?

We will not collect any data that will directly identify you.

We will store consent records securely on University of Oxford servers for 3 years after

publication or public release of the research results. This information will then be permanently

deleted and destroyed.

Research data obtained from questionnaires will be stored securely by the University of Oxford

for 3 years after publication or public release of the research results. This information will then

be permanently deleted and destroyed from University storage. Following data analysis and

publication by our research team, and in line with good practice for Open Science that permits other scientists to replicate our findings, we plan to deposit anonymised data online in the

Open Science Framework (OSF) depository.

The research team involved in this study will have access to the research data. Using the research data, we hope to report our findings in academic journals, and to other health professionals at conferences. You will not be identified or identifiable in any reports or publications arising from the study.

8. Will the research be published?

The University of Oxford is committed to the dissemination of its research for the benefit of society and the economy and, in support of this commitment, has established an online archive of research materials. This archive includes digital copies of student theses successfully submitted as part of a University of Oxford postgraduate degree programme. Holding the archive online gives researchers easy access to the full text of freely available theses, thereby increasing the likely impact and use of that research.

The research will be written up as part of Nicola Roche’s Doctorate in Clinical Psychology. On successful submission of the thesis, it will be deposited online in the University archives to facilitate its use in future research. The thesis will be openly accessible, and the research is also likely to be written up for publication in a peer-reviewed scientific journal.

The research team also aims to disseminate findings to UK charities involved in supporting people with anxiety.

9. Who has reviewed this study?

This study has been reviewed by, and received ethics clearance through, a subcommittee of the University of Oxford Central University Research Ethics Committee

10. Who do I contact if I have a concern about the study or wish to complain?

If you have a concern about any aspect of this study, please speak to Nicola Roche (nicola.roche@psy.ox.ac.uk) or their supervisor Paul Salkovskis, and we will do our best to answer your query. We will acknowledge your concern within 10 working days and give you an indication of how it will be dealt with. If you remain unhappy or wish to make a formal complaint, please contact the University of Oxford Research Governance, Ethics & Assurance (RGEA) team at rgea.complaints@admin.ox.ac.uk or on 01865 616480.

11.Data Protection

The University of Oxford is the data controller with respect to your personal data, and as such will determine how your personal data is used in the study. The University will process your personal data for the purpose of the research outlined above. Research is a task that is performed in the public interest. Further information about your rights with respect to your personal data is available from <https://compliance.admin.ox.ac.uk/individual-rights>

12.Further Information and Contact Details

If you would like to discuss the research with someone beforehand (or if you have questions afterwards), please contact:

Nicola Roche

Trainee Clinical Psychologist

[nicola.roche@psy.ox.ac.uk](mailto:nicola.roche@psy.ox.ac.uk)

Oxford Institute of Clinical Psychology Training and Research Isis Education Centre

Warneford Hospital

Oxford, OX3 7JX

Oxford University telephone number: +44 (0)1865 226431

You can also speak to the supervisor of the project about any questions or concerns using the details below:

Professor Paul Salkovskis (University of Oxford)

Consultant Clinical Psychologist

Paul.salkovskis@hmc.ox.ac.uk

Oxford Institute of Clinical Psychology Training and Research Isis Education Centre

Warneford Hospital

Oxford, OX3 7JX

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I am interested in taking part!

what do I do now?

If you would like to participate, please click on this link <https://psychiatryoxford.qualtrics.com/jfe/form/SV_8Jp0HBmbSXP2JRs> or scan the QR code below or email Nicola Roche with any further questions: nicola.roche@psy.ox.ac.uk

Thank you for taking the time to read this information sheet and for your interest in the study.

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